Japanese Day

All Prep children had a wonderful day last Tuesday on Japanese Day. They completed a range of Japanese craft and colouring activities.
The Parktone Community has learnt a lot about the 7 Habits and we are learning how to apply these habits at school and in our daily lives. The ideas included here are to help your family use these habits at home.

Think of a number of ideas as a family to balance body, brain, heart and soul.

**BODY:** play outside, ride your bike, take breaks, eat right and in portions, gardening, swimming, go for a walk, rest and sleep

**BRAIN:** make smart choices about what to watch on TV; read a book; do a puzzle; interesting conversations; quick mental mathematics questions (times-tables, 6 + 4, etc.)

**HEART:** do what makes you happy; spend time with friends and family

**SOUL:** find something or someone that inspires you; keep a journal to express your thoughts; listen to some music; meditate

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**SCIENCE FACT**

Did you know that a medium-sized cumulus cloud weighs about the same as 80 elephants and red blood cell can make a complete circuit of your body in 20 seconds.

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**Other Reminders / Notices**

**CLASS CONTACT LIST**

As you are aware, the Social and Fundraising Group has distributed a class contact list compiled by your Class Representative.

This contact list is to be used to for communication amongst parents and for the planning of special year level get-togethers such as coffee mornings and holiday play dates etc.

If you have not yet returned the form giving permission for your details to be included on the list, please pop into the office and fill one out. This will be passed onto your class rep.

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**WEEKLY LEARNING FOCUS**

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<th>Reading</th>
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<td>Tracing Shapes</td>
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**ART WORK WEBSITE**

Please follow the link to see some beautiful art work by Parktone students.

https://www.flickr.com/photos/parktoneartroom
HOMEWORK
A Mathletics task will be assigned this week.

FREE Premiers’ Reading Challenge Calendar
In preparation for 2015 Premiers’ Reading Challenge...

Featuring key Challenge dates, literary events, fun facts, popular authors’ birthdays and tips, it’s a great way for parents and children to track their reading progress, count down the days and stay motivated throughout the Challenge.

For more information on the Challenge visit: www.education.vic.gov.au/prc

More details to come in the following week.

SPECIAL RELIGIOUS INSTRUCTION (SRI)
The SRI instructor will be taking SRI sessions on Friday. :)

READERS RETREAT
All Prep classes have now begun Readers Retreat. Please pack your child’s library bag on their Readers Retreat Day:

PL—Friday
PH—Wednesday
PG—Wednesday
PS—Wednesday

NAMING ITEMS
Just a reminder to clearly name all items that come to school including, school bags, hats, jumpers, lunch boxes etc.

PARENT HELPERS
Information regarding parent helpers for Literacy Rotations has been sent home.

Please remember to sign in at the office before making your way down to the Prep centre.

CANTEEN REMINDER
If your child has a lunch order and you purchase snack items for their recess at 11, they will not get their snack order until they get their lunch order at 1:30pm.

FRUIT SNACK
We have two fruit snacks in Prep. Our Preps need a lot of energy to last the day, so could all parents please provide enough fruit preferably in bite size pieces for two fruit snacks so our little ones don’t get hungry.